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Blessed Sacrament Chapel

602 Sycamore Street • Owensboro, KY 42301 • 270-926-4741
www.blessedsacramentchapel.org or email at pa@blessedsacramentchapel.org

Mission Statement:

Established in the Spirit of Jesus Christ with an Afro-centric focus, Blessed Sacrament Chapel is committed to spreading the "Word" through fellowship and good works.

Sunday Mass: 10:00AM

St. Stephen Cathedral Parish Office: 270-683-6525

Rector: Fr. Jerry Riney, jerry.riney@pastoral.org

Parochial Vicar: Fr. Sinoj Pynadath, HGN
sinoj.pynadath@pastoral.org

Parish Life Coordinator: Sr Jeannette Fennewald,
SSND pa@blessedsacramentchapel.org



14th Sunday in Ordinary Time July 5, 2020

"Come to me, all you who labor and are burdened, and I will give you rest."

Today's Readings

First Reading:

See, your king shall come to you;
a just savior is he, meek, and riding on an ass,
on a colt, the foal of an ass. (Zec 9:9b)

Psalm:

I will praise your name for ever, my king and my God. (Ps 145) or Alleluia

Second Reading:

For if you live according to the flesh, you will die, but if by the Spirit you put to death the deeds of the body, you will live. (Rom 8:13)

Gospel:

"Come to me, all you who labor and are burdened, and I will give you rest." (Mt 11:28)



14TH SUNDAY IN ORDINARY TIME

"Come to me, all you who labor and are burdened, and I will give you rest." - Mt 11:28

Coming Events
CALENDAR



Blessed Sacrament Chapel

August 2--Picnic donations due
October 17--Oktoberfest

Diocesan Community Happenings

Pray for this space soon to be filled with Church activities. Remember in your prayers all who are affected through this pandemic--either with health issues or financial issues.



June 28--\$283
Weekly budget: \$933
MTD collection--\$4543
MTD budget--\$2799
YTD collection--\$49,573
YTD budget--\$47,583



May each of us give according to what the Lord has blessed us with.



Pope Francis’s Prayer to Mary During Coronavirus Pandemic

O Mary, you always shine on our path as a sign of salvation and of hope. We entrust ourselves to you, Health of the Sick, who at the cross took part in Jesus’ pain, keeping your faith firm. You know what we need, and we are sure you will provide so that, as in Cana of Galilee, we may return to joy and to feasting after this time of trial. Help us, Mother of Divine Love, to conform to the will of the Father and to do as we are told by Jesus, who has taken upon himself our sufferings and carried our sorrows to lead us, through the cross, to the joy of the resurrection. Amen. Under your protection, we seek refuge, Holy Mother of God. Do not disdain the entreaties of we who are in trial, but deliver us from every danger, O glorious and blessed Virgin.



10-2 at St. Stephen Community Center. If you are able to give, please call ahead 270-684-9296 to schedule your donation. Donors must be 17 years of age and weigh at least 115 pounds.

Right now there is a shortage of blood donation. There is an opportunity to give blood on Thursday, July 9 from

READINGS FOR THE WEEK

Sunday: Zec 9:9-10/Ps 145:1-2, 8-9, 10-11, 13-14 ,Rom 8:9, 11-13/Mt 11:25-30
Monday: Hos 2:16, 17b-18, 21-22/Ps 145:2-3, 4-5, 6-7, 8-9, Mt 9:18-26
Tuesday: Hos 8:4-7, 11-13/Ps 115:3-4, 5-6, 7ab-8, 9-10 /Mt 9:32-38
Wednesday: Hos 10:1-3, 7-8, 12/Ps 105:2-3, 4-5, 6-7,Mt 10:1-7
Thursday: Hos 11:1-4, 8e-9/Ps 80:2ac and 3b, 15-16 [4b]/Mt 10:7-15
Friday: Hos 14:2-10/Ps 51:3-4, 8-9, 12-13, 14 and 17 [17b]/Mt 10:16-23
Saturday: Is 6:1-8/Ps 93:1ab, 1cd-2, 5, Mt 10:24-33
Next Sunday: Is 55:10-11/Ps 65:10, 11, 12-13, 14, Rom 8:18-23/Mt 13:1-23

Saints and Special Observances

.Sunday: 14th Sunday in Ordinary Time
Monday: St. Maria Goretti
Thursday: St. Augustine Zhao Rong and Companions
Saturday: St. Benedict



THE RIGHT DIRECTION

If we walk one step toward God, God will run ten steps toward us.
—Anonymous

SHARE THE BURDEN

“Come to me, all you who labor and are burdened, and I will give you rest” (Matthew 11:28). These words of our Savior seem to be in stark contrast to the previous chapter from the same Gospel, when we were told that if we do not take up our crosses, we are not worthy of Christ. Connecting these two messages might help us on our faith journeys. Being a follower of Christ surely means that we must embrace the cross, in its mystery of both suffering and triumph. This is something that we need not do alone, for the burden is often too heavy for us to carry by ourselves. Who, then, do we turn to? We can turn to the Body of Christ—the community of disciples gathered for worship. When we find the burden too heavy, let us remember that we can share that burden with our Christian sisters and brothers, who can help bring us rest.

Happy 4th of July! E Pluribus Unum (from many, one). God has “molded into one our nation, drawn from the people of many lands.” We need to pray for our country--our President, Congress, and judicial system--each one should be a check and balance for our democracy.

IMP—Kroger

Blessed Sacrament’s # is WX799

We just received notice that our quarterly check is \$130.44. Thank you for designating Blessed Sacrament as your community reward recipient.

His Spirit dwells in you.

From the desk of Father Sinoj



Dear Friends in Christ,

Greetings! Happy Independence Day! May our freedom as God's children strengthen and challenge us to spread God's love and care to all the people around us and thereby bring joy of that freedom in our land. I hope all of you are doing your best to take care of your health and to protect yourself from becoming recipients and carriers of coronavirus. Let us connect more with our Lord to find peace and strength.

The Gospel this weekend is a call from Jesus to find rest in Him. If we are ready to accept his "easy yoke and light burden" we are offered rest. By "easy yoke" Jesus means that whatever God sends us would be fit for our needs and our abilities. By "light burden" Jesus does not mean that it is easy to carry, but that it is laid on us in love, that it is meant to be carried in love, and that love makes even the heaviest burden light.

Through our relationship with God – our family prayers, celebrations of Sacraments, especially confession, works of charity, etc. – He wants us to experience the comfort of "easy yoke and light burden." As we find peace and rest in Christ, we are also called to live a life through which others too may find God's peace, God's refreshing grace and the joy of placing their lives in God's hands. Peace!

(^.^) Always
(^.^) Keep
(^.^),.^ Smiling!
(^.^)

God Loves You!!

Fr. Sinoj Pynadath, HGN

July Birthdays

3--Ray Higgs
8--Alexis Hatchett
10--Chelis Carmona
12--Darlina Etienne
13--Francine Epison
15--Georgia Holland
18--Lori Carman
20--Tina Gough
22--Marcia Wilhite
24--Lori Robinson
27--Robert Hagan
28--Dylan Sanford
29--Hugh Moorman
30--Yvonne Mundy
31--Gloria Adams



Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen

Mass Intentions

July 5--Grace Medley Ebelhar

July 12--Hugh Moorman

July 19--Betty Clark

July 26--Mary Ann Calhoun

Let us remember to pray for those who have recently died or those in the process of dying. Remember to pray for the souls in purgatory, especially for those who have no one to pray for them.

Our thoughts and prayers are with the sick: Rachel Moorman Mattingly, Nancy Bumm, Brian Fennwald, Stephen Hall, Ruth Coble, Frank and Gloria Adams, Carol Hatchett, Mary Hagan, Larry Allen, Camilla Greer, Louise Johnson, Phillip Moorman, Jr. Charlene Meadows
If you know of anyone seriously ill who is in need of prayer or visitation, please notify the office.

Please remember our home-bound: Ruth Coble and Shirley Schmidt who are at Heritage Park. Georgia Holland, who has moved to St. Louis, stays in touch with BSC. A phone call or a card can cheer them up.



A belated Happy Birthday to Father Sinoj (Father Paul). We are grateful that you said yes to leaving your homeland and coming to KY. Many blessings as you continue your ministry to us.

FINDING PEACE

If you want peace, work for justice.

—Pope Paul VI

Lectors	
July 5:	Layson Brooks
	Audrey Mezur
July 12:	Jacques Williams
	Barbara Bisel

Discipleship

Take a moment to think about rest. What comes to mind? Perhaps you'll think of a place at the beach, a hammock, a lakeside bench, or a favorite comfortable chair. Or maybe it's even the restful feeling of a receiving a hug from someone you love. In today's Gospel Jesus says, *"Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke up-on you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light."* Take some time this week to pray about this comforting invitation from the Lord.

Discipleship Reflection: Each morning in prayer, we can ask the Lord, "how can I serve You today?" Listen for His direction. Then each evening, we can reflect on the events of our day and ask the Lord, "have I pleased You to-day?"

- Don't Worry! Be Happy!
- Focus on the positive.

--Stop comparing. Be grateful for what you have.

--Practice gratitude. Start each day with acknowledging one thing you are grateful for.

--Act generously. Tip big.

--Don't chase after more possessions. Our riches are enormous and society has confused consumerism with happiness.

--Smile.

--Care beyond yourself. Look not only at your own interests but also the interest of others.

--Exercise. Regular exercise can help to reduce stress, feelings of anxiety, and symptoms of depression while boosting happiness.

--See friends. Get together or have a long phone chat if you are self-isolating.

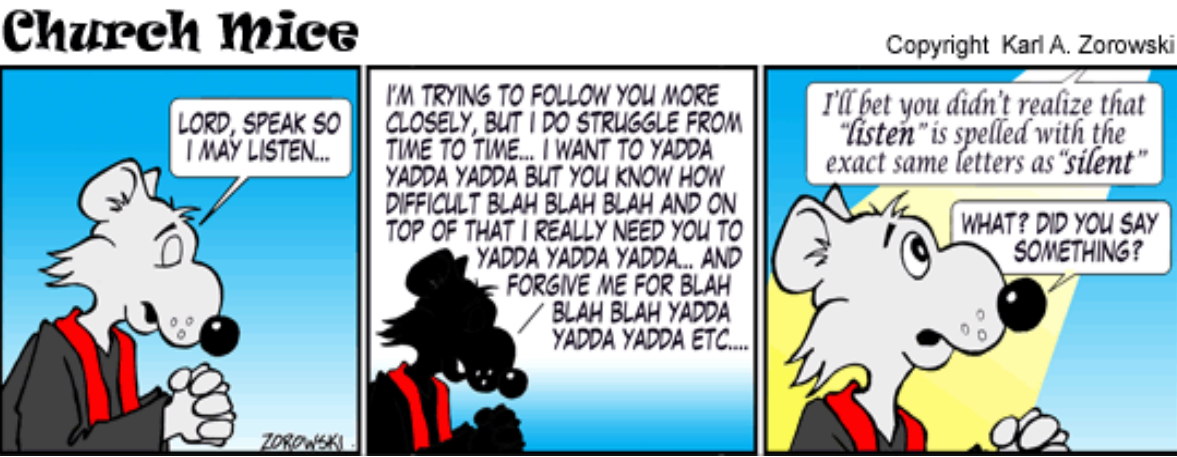
--Do not watch the news. Click off phones, tablets, and TV.

Laugh of the Week

Little Tony was in his uncle's wedding. As he came down the aisle during the ceremony, he carefully took two steps, then stopped and turned to the crowd. When facing the congregation he put his hands up like claws and roared loudly. So it went, step, step, turn, roar, step, step, turn, roar, all the way down the aisle. As you can imagine, the congregation was near tears from laughing. By the time little Tony reached the altar, he was near tears too. When later asked what he was doing, the boy sniffled and said, "I was being the Ring Bear."

SAINT MARIA GORETTI (1890-1902) July 6

Does anything match a mother's pride in her children? First Communions, confirmations, graduations, weddings: how these delight a mother's heart! Imagine, then, Assunta Goretti, the only mother ever to attend her child's canonization! In poverty-stricken rural Italy, widowed Assunta tended fields for the Serenelli family, whose eighteen-year-old son, Alessandro, propositioned her barely twelve-year-old Maria; then, when she resisted, crying, "It is a sin! God forbids it!" he stabbed her fourteen times. As she lay dying, Maria assured the attending priest, "Yes, I forgive Alessandro! I want him to be in Paradise with me someday." Imprisoned, unrepentant, Alessandro changed after dreaming that a radiant Maria had offered him fourteen lilies. "I've kept my promise," she smiled. "You'll be here with me someday." Upon release, he rushed to beg Assunta's forgiveness. "Jesus has forgiven you," she replied, "my Maria, too. How can I refuse?" Next morning, mother and murderer walked arm in arm to church and knelt side by side for Communion.



A Prayer for When our Prayers Seem Unanswered

Dear God, please take my hand and walk with me as I tell you my worries and woes. Gently show me your plan is always better than mine. Let me understand the lessons I must learn from every situation. Open my heart to see that each trial is leading me always closer to you. Help me to accept and appreciate the great wisdom, compassion, and mercy with which you hear all my requests. Let me understand that prayer is not about getting what I want but learning to accept what you want. Remind me that you love each person more than I can love even one person. So you will always treat me and my loved ones with the greatest care. Trusting in that, I offer all my prayers, my wants and my hopes to you. I know you will do what is best, even if it seems wrong to me right now. Thanks you for answering all my prayers just exactly how they need to be answered.