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# Blessed Sacrament

602 Sycamore Street • Owensboro, KY 42301 • 270-926-4741

[www.blessedsacramentchapel.org](http://www.blessedsacramentchapel.org) or email at [blessedsac602@gmail.com](mailto:blessedsac602@gmail.com)

## Mission Statement:

*Established in the Spirit of Jesus Christ with an Afro-centric focus, Blessed Sacrament Chapel is committed to spreading the "Word" through fellowship and good works.*

**Sunday Mass: 10:00AM**

**St. Stephen Cathedral Parish Office:** 270-683-6525

**Rector:** Fr. Jerry Riney, [jerry.riney@pastoral.org](mailto:jerry.riney@pastoral.org)

**Parochial Vicar:** Fr. Sinoj Pynadath HGN  
[sinoj.pynadath@pastoral.org](mailto:sinoj.pynadath@pastoral.org)

**Parish Life Coordinator:** Sr Jeannette Fennewald,  
[ssnd\\_pa@blessedsacramentchapel.org](mailto:ssnd_pa@blessedsacramentchapel.org)



**4th Sunday in Ordinary Time Jan. 31, 2021**

Come, let us bow down in worship;  
 let us kneel before the Lord who made us.

Psalm 95:6

## TODAY'S READINGS

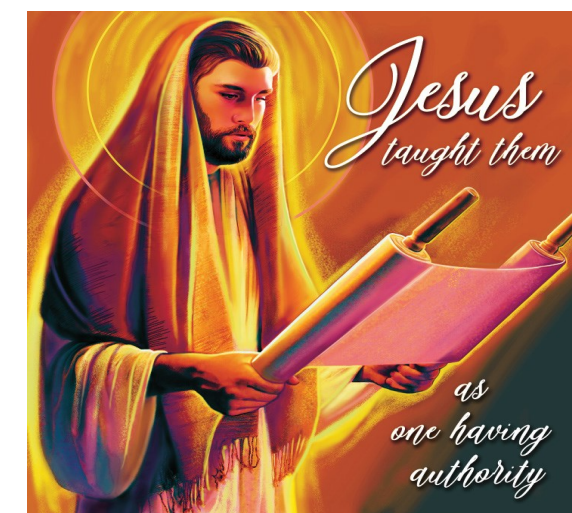
**First Reading** — Moses spoke to all the people, saying: "A prophet like me will the LORD, your God, raise up for you" (Deuteronomy 18:15-20).

**Psalm** — If today you hear his voice, harden not your hearts (Psalm 95).

**Second Reading** — Brothers and sisters: I should like you to be free of anxieties (1 Corinthians 7:32-35).

**Gospel** — The people were astonished at Jesus' teaching (Mark 1:21-28).

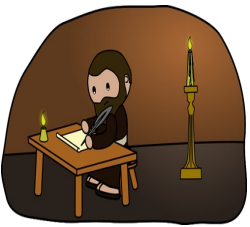
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# Let us come into His presence with thanksgiving.

## From the desk of Father Sinoj



Dear Friends in Christ,

Greetings! On this fourth Sunday in the Ordinary Time, the Gospel speaks of Jesus healing a man with unclean spirit, revealing His authority and power to heal the world. St. Mark describes how people noticed the Divine authority and power of Jesus when they saw Him doing the works of healing the sick and driving out evil spirits.

Jesus used His authority and Divine power to set people free from the clutches of evil. We shall approach Jesus with trusting Faith so that He may free us from the evil spirits that keep us from praying and that prevent us from loving others and sharing our blessings with them. Christ has power over any demon – addictions, depression, secret sins, etc. – Christ can set us free and longs to do so.

This Tuesday, February 2<sup>nd</sup> is the Feast of the Presentation of the Lord. This day is observed as World Day of Consecrated Life. This calls us to esteem the consecration and witness of those men and women who have chosen to follow Christ through the practice of evangelical counsels. Thanking God for all the goodness we receive through the lives of consecrated people, let us pray for them to be renewed and strengthened to persevere in their vocation.

(^.^) Always  
(^.^) Keep  
(^.^) Smiling!

God Loves You!!

Fr. Sinoj Pynadath HGN

### January Birthdays

28--Frank Adams

30--Pam Wilson

### February Birthdays

2--Nancy Bumm

3--Jacques Williams, Sr.

6--Philip Moorman

9--Beau Bisel

10--Father Jerry Riney

23--Larry Allen



### Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen

### Mass Intentions

January 31--Ann Denise Ward

February 7--Hugh Moorman

February 14--Kenneth Higgs

February 17--Grace Medley Ebelhar

February 21--Donald Moorman

*Let us remember to pray for those who have recently died or those in the process of dying. Remember to pray for the souls in purgatory, especially for those who have no one to pray for them.*

**Our thoughts and prayers are with the sick: Louise Johnson, Ruth Coble, Merle Griffith, Tyler Cruppi, Larry Conder, Mike Coakley, Andy Evans, Jason Pierce, Gary Moorman, Pam Wilson, Frank & Gloria Adams, Larry Allen, Shirley Schmidt, Carol Hatchett, Rachel Mattingly, Camilla Greer, Phillip Moorman, Jr. If you know of anyone seriously ill who is in need of prayer or visitation, please notify the office.**

Please remember our home-bound: Ruth Coble and Shirley Schmidt who are at Heritage Park. Georgia Holland lives in St.. Louis but stays active in BSC happenings. Please pray also for all who, because they are vulnerable, cannot attend Mass. A card or phone call can cheer them up.

**Men and women are sacrificed to the idols of profit and consumption; it is the “culture of waste.” If there are children in so many parts of the world who have nothing to eat, that is not news: it seems normal. It cannot be. And yet these tings enter into normality: that some homeless people should freeze to death on the street--this doesn’t make news. On the contrary, when the stock market drops ten points in some cities, it constitutes a tragedy...In this way people are thrown aside as if they were trash. -**  
----Pope Francis

# Coming Events

## CALENDAR



### Blessed Sacrament Chapel

Feb. 17--Ash Wednesday Mass 6 PM

Feb. 19--Fish Fry (drive-through)

4:30--6:30 pm



March 26--Fish Fry (drive through)

5-7 pm



January 24--\$355

Weekly budget--\$952

MTD collections---\$2806

MTD budget--\$3808

YTD collection--\$32,169

YTD budget--\$28,560 Candles--\$2



*May each of us give according to what the Lord has blessed us with.*



## Pope Francis's Prayer to Mary During Coronavirus Pandemic

O Mary, you always shine on our path as a sign of salvation and of hope. We entrust ourselves to you, Health of the Sick, who at the cross took part in Jesus' pain, keeping your faith firm. You know what we need, and we are sure you will provide so that, as in Cana of Galilee, we may return to joy and to feasting after this time of trial. Help us, Mother of Divine Love, to conform to the will of the Father and to do as we are told by Jesus, who has taken upon himself our sufferings and carried our sorrows to lead us, through the cross, to the joy of the resurrection. Amen. Under your protection, we seek refuge, Holy Mother of God. Do not disdain the entreaties of we who are in trial, but deliver us from every danger, O glorious and blessed Virgin. Amen.

### LEADERS

Leaders are like eagles. They don't flock.  
You find them . . . one at a time.

### Laugh of the Week

As a special youth week project, Ted Montgomery of Campus United Methodist asked his university group to list the ways the Bible would have been different if it had been written by fellow students. These are a few they came up with:  
Loaves and fishes would have been replaced by pizza and chips.  
Ten Commandments are actually five, but because they are double-spaced and written in large font, they look like ten.  
Paul's letter to the Romans would become Paul's Email to the Romans.  
Place where the end of the world occurs-- not the Plains of Armageddon, but Finals.  
Reason why Moses and followers wandered in the desert for forty years-- they didn't want to ask directions and look like freshmen.  
Reason Cain killed Abel-- they were roommates.

## READINGS FOR THE WEEK

### Readings for the week of January 31, 2021

Monday: Heb 11:32-40/Ps 31:20, 21, 22, 23, 24 /Mk 5:1-20  
Tuesday: Mal 3:1-4/Ps 24:7, 8, 9, 10  
Heb 2:14-18/Lk 2:22-40  
Wednesday: Heb 12:4-7, 11-15/Ps 103:1-2, 13-14, 17-18/Mk 6:1-6  
Thursday: Heb 12:18-19, 21-24/Ps 48:2-3-4, 9, 10-11 Mk 6:7-13  
Friday: Heb 13:1-8/Ps 27:1, 3, 5, 8-9/  
Mk 6:14-29  
Saturday: Heb 13:15-17, 20-21/Ps 23:15, 6 /Mk 6:30-34

### Saints and Special Observances

Tuesday: The Presentation of the Lord;  
World Day for Consecrated Life  
Wednesday: St. Blaise, Bishop, Martyr;  
St. Ansgar, Bishop  
Friday: St. Agatha, Virgin, Martyr  
Saturday: St. Paul Miki and Companions,  
Martyrs

Brother Paul Miki, a Jesuit and a native of Japan, has become the best known among the martyrs of Japan. While hanging upon a cross, Paul Miki preached to the people gathered for the execution: "The sentence of judgment says these men came to Japan from the Philippines, but I did not come from any other country. I am a true Japanese. The only reason for my being killed is that I have taught the doctrine of Christ. I certainly did teach the doctrine of Christ. I thank God it is for this reason I die. I believe that I am telling only the truth before I die. I know you believe me and I want to say to you all once again: Ask Christ to help you to become happy. I obey Christ. After Christ's example I forgive my persecutors. I do not hate them. I ask God to have pity on all, and I hope my blood will fall on my fellow men as a fruitful rain."

## TRUE PROPHETS

In Deuteronomy today we hear that God's very words will fill the mouth of a true prophet, but a false prophet will, in a manner of speaking, put mere mortal words into God's mouth. In Mark's Gospel, we see Jesus teaching and healing as a true prophet, one filled with the authority of God's own voice. The whole history of our church is filled with both true and false prophets. Some false prophets were extremely popular and quite well-versed in scripture, and even held positions of authority. But in today's Gospel we learn that Jesus' fame spread because he taught with authority; he wasn't an authority because he was popular or famous. Elsewhere, we also learn from him, in his desert temptation confrontations with Satan, that anyone can quote scripture, even against God's purposes. Today we hear that his authority was not like that of the scribes, who held the official positions of religious authority in his day. Our work is to do our best to discern the true prophets in our midst, and to be true prophets as well. The psalmist tells us how to do this: by not hardening our hearts when God speaks. If we truly listen to God, it will be God's very words filling our mouths.

## IMP—Kroger

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January 31:	Jacques Williams Sarah Malone
February 7:	Layson Brooks Barbara Bisel
February 14:	Kathi Skidd Jacques Williams

Capernaum where Jesus lived with Simon [Peter] was a small town on the northwestern shore of the Sea of Galilee. Simon and his brother Andrew operated their fishing business with Zebedee, father of James and John. Archaeologists have found what they believe to be the synagogue in Capernaum, and next to it, the home of Simon. It is in that synagogue that the man with *unclean spirits* confronted by Jesus and challenged him to reveal his identity and authority. Jesus chose not to, but commanded the *unclean spirits*, “Quiet, come out of him.” People were amazed. Do we harbor *unclean spirits* such as *ingratitude* to God for all he has given us and *failure to demonstrate our appreciation* for all that we are, all that we have, and all that we every will be by *failing to use* everything to the best of our ability for *ourselves* and *for others*? Do we demand that Jesus reveal himself in some special way before we let him drive out our *unclean spirits*? If we would only let Jesus heal us, people would be amazed. We would be amazed.

## GOD IS GOD...AND WE ARE NOT



While this graphic can strike us as funny or just plain (“duh!”) obvious, it can be illuminating when we consider it in the context of today’s Gospel, which tells us that “all were amazed” by Jesus: *“He commands even the unclean spirits and they obey him.”* It certainly must have seemed to the crowd that Jesus was very much in control!

We can often fall into the habit of believing that we are the sole reason for our achievements, talents, or gifts, or for the success of community efforts in which we participate. We might forget that God plays more than a minor role, and that His plan is bigger and better than our own. However, our actions and service can have a big impact when we allow God to work through us. As disciples, we are called to give generously of the gifts entrusted to us, but also allow God to exercise His will in our lives.

Can you identify any areas in your life that you try to control, but cannot? When we struggle with these situations, we can pray to let go, to ask God for help. “You are God and I am not; please help and guide me.”

**BUGS** “Mom, are bugs good to eat?” asked the boy. “Let’s not talk about such things at the dinner table, son,” his mother replied. After dinner, the mother inquired, “Now, son, what did you want to ask me?” “Oh, nothing,,” the boy said. “There was a bug in your soup, but now it’s gone.”

## GOSPEL MEDITATION - January 31, 2021 4<sup>th</sup> Sunday in Ordinary Time

Most of us are quiet people who desire to live a good and holy life, promote the values and mission of the Gospel as best we can and desire to one day inherit the surprise of life eternal God promises to us. We are not trail blazers. We are simple people who want to do the simple things of life well. But there are others who left a more profound impact along the way of the paths they walked. Folks like Dorothy Day, Martin Luther King, Thomas Merton, Gandhi, St. Teresa of Calcutta, and many others left lasting impacts and legacies. Like Moses, they show us by word and deed who God is and what integrity look like. They show us how to be holy. We need people like these to give us inspiration, hope and an example of holy living.

We do not need to do what they did or even mirror their relationship with God. Each one of us is God’s special creation, with a purpose and soul known only to us. We need to learn how to open up and bring, without compromise, our soul-ness to life. We know when someone is authentic and centered because they always point to truth, even though they struggle and sin themselves, and they embody an unspoken timeless wisdom that just sounds and feels right. Jesus taught with this same type of authority and it astonished many who listened. We do not need to move mountains or become notable. All we have to do is become credible witnesses of the faith we profess. Moses people can teach us how to do this.

St. Romero said, “When we leave Mass, we ought to go out the way Moses descended Mt Sinai: with his face shining, with his heart brave and strong to face the world’s difficulties.” We can learn from this wisdom. If we allow the power of the Mass to truly transform us, we will leave that holy encounter changed. Our face will shine, and we will have courage. We can then bring what we have received to life’s challenges. That sounds doable, doesn’t it? Because of the example of our simple holiness, people will be amazed.

## Church Mice

