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Blessed Sacrament

602 Sycamore Street • Owensboro, KY 42301 • 270-926-4741

www.blessedsacramentchapel.org or email at pa@blessedsacramentchapel.org

Mission Statement:

Established in the Spirit of Jesus Christ with an Afro-centric focus, Blessed Sacrament Chapel is committed to spreading the "Word" through fellowship and good works.

Sunday Mass: 10:00AM

St. Stephen Cathedral Parish Office: 270-683-6525

Pastor: Father John Thomas

john.thomas@pastoral.org

Parochial Vicar: Fr. Sinoj Pynadath HGN

sinoj.pynadath@pastoral.org

Parish Life Coordinator: Sr Jeannette Fennwald, SSND
pa@blessedsacramentchapel.org



TODAY'S READINGS

First Reading — I will rain down bread from heaven for you (Exodus 16:2-4, 12-15).

Psalm — The Lord gave them bread from heaven (Psalm 78).

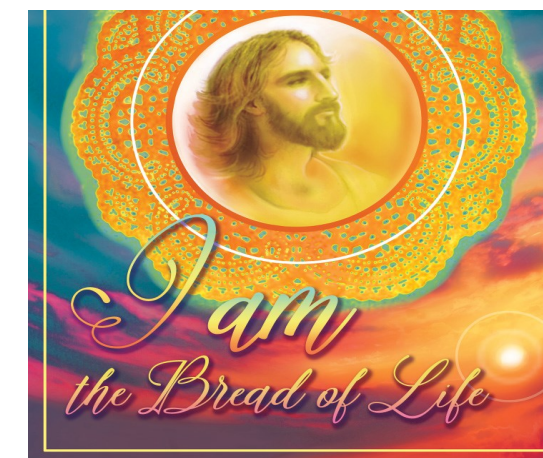
Second Reading — Put on the new self that has been created in God's way (Ephesians 4:17, 20-24).

Gospel — Whoever comes to me will never hunger, and whoever believes in me will never thirst (John 6:24-35).

The English translation of the Psalm Responses from *Lectionary for Mass* © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

18th Sunday in Ordinary Time Aug. 1, 2021

Do not work for food that perishes but for the food that endures for eternal life.



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Whoever comes to me will never hunger.

From the desk of Father Sinoj



Dear Friends in Christ,

Greetings! We are very close to our Picnic day. Let us join together with one heart and enthusiasm to celebrate our communion in the Church and express our unique hospitality to the people who are going to participate in our drive-thru picnic. I request you all to participate in the event in whichever little way possible. God bless our Parish family.

Yesterday, July 31, our Sister Jeannette celebrated the Anniversary of her Religious Profession. Hearty Congratulations dear Sister and Grateful Wishes of a long life sharing holiness and love of God with many more souls. We thank you wholeheartedly for everything you are to our Parish family. Happy Anniversary Sister!!!

As we reflect on the Eucharist, the Bread of Life, the readings this Sunday challenge us to be seeking spiritual food rather than physical food. We are also invited to receive our spiritual food regularly from the Word of God and Holy Eucharist. In the Gospel, we see Jesus who is trying to introduce this spiritual food to the people who came in search of physical food which Jesus gave them the previous evening.

Time has taken humanity to various paths that lead to different sorts of satisfaction. But in them all human beings have not found a fulfilment. The spiritual hunger in us continues to prevail and grow. There is a constant reminder from Jesus to take our eyes from worldly satisfaction and set them on spiritual fulfilment. Let us learn to feed on Christ. Let us recognize the pangs of hunger and thirst of our spirit, and satisfy it in and through the holy and consecrated Bread of Life – the Eucharist.

😊😊😊 Always
😊😊😊 Keep
😊😊😊 Smiling!

God Loves you!!!
Father Sinoj, HGN

July Birthdays

27--Robert Hagan
29--Hugh Joseph Moorman
30--Yvonne Mundy
31--Gloria Adams

August Birthdays

21--Kyler Carmona
24--Celena Hagan
30--Hank Pardon



Picnic

We will sell bar-b-q ribs, chicken, and pulled pork through pre-sales and drive-through starting at 11 am.

Chicken dinners consist of 1/2 chicken, baked beans, and potato salad. The cost is \$10. Dinners will be served through the drive-through from 12-2.

Grant me, o Lord, a good sense of humor. Allow me the grace to be able to take a joke to discover in life a bit of joy, and to be able to share it with others. --St. Thomas More

Studies show that children laugh about 400 times a day and adults about 15.

Laughter goes hand in hand with compassion empathy, creativity, joy.

Mass Intentions

.August 1--Herbert Millay
August 8--Lucian Moorman
August 15--Mary Ann Calhoun
August 22--Grace Medley Ebelhar
August 29--Herbert Millay

Let us remember to pray for those who have recently died or those in the process of dying. Remember to pray for the souls in purgatory, especially for those who have no one to pray for them.

Our thoughts and prayers are with the sick: Stephen Hall, Doris Smith, Debbie Bellwood, Janice Taul, Merle Griffith, Tyler Cruppi, Pam Wilson, Frank & Gloria Adams, Larry Allen, Shirley Schmidt, Carol Hatchett, Shelby Webster, Louise Johnson, Ruth Coble, Larry Conder, Mike Coakley, Andy Evans, Gary Moorman, Rachel Mattingly, Camilla Greer, Phillip Moorman, Jr. **If you know of anyone who is in need of prayer or visitation, please notify the office.**

Please remember our home-bound: Ruth Coble and Shirley Schmidt who are at Heritage Place. Georgia Holland lives in St. Louis but stays active in BSC happenings. A card or phone call can cheer them up.

IMP—Kroger

If you do not have a community reward partner at Kroger, please designate Blessed Sacrament. Blessed Sacrament's # is WX799 Thank you. It does not affect your fuel point or any other rewards. Go to [krogercommunityrewards.com](https://www.krogercommunityrewards.com) to register. Thanks to each of you for your support.

Coming Events

CALENDAR



Blessed Sacrament Chapel

August 2--Meat pre-sales due

August 7--Picnic (Drive-through)
50-50 raffle ends

August 8--10 am Mass



July 25--NA

Weekly budget--\$962

MTD collections---NA

MTD budget--NA

YTD collection--NA

YTD budget--NA Candles \$3



May each of us give according to what the Lord has blessed us with.



Practicing Graciousness in the Desert

Looking back over my journey of parenthood, I know there were days when I traveled the extra mile for my children. I made their toast the way they like it, let them play in the park an extra ten minutes, or let them go to the movies with their friends and I finished up the chores on my own. And then, it happened: the attitude. The request for the smallest thing from one of them is met with disdain or bewilderment.

Sometimes you can be made breathless with the ingratitude of another person who takes so much and with so little shame, only to scoff at the idea that they, too, give even the smallest amount.

But if we're being honest with ourselves, we will admit that we do the exact same thing to God. Haven't we all been the Israelites in the desert at one point or another? God has parted our Red Sea in some way. He's led us out of some great trial, given us some great blessings. But then we run into a little resistance somewhere along the way and we throw up our hands. How could you do this to us, Lord? How could you ask this of us? No, I can't go any further. No, I won't do any more.

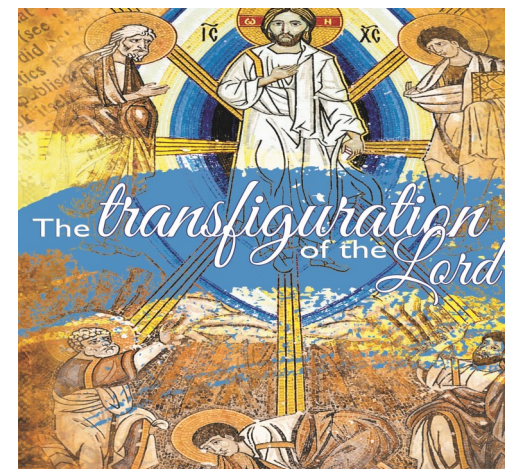
Persisting in the blindness to the many ways God continues to protect us is nothing short of a temper tantrum. It robs our Everyday Stewardship of its graciousness, of our ability to accept with joy the trials of life because we are also constantly aware of its blessings.

READINGS FOR THE WEEK

Monday:	Nm 11:4b-15/Ps 81:12-17/ Mt 14:13-21
Tuesday:	Nm 12:1-13/Ps 51:3-4, 5-6- 7, 12-13 /Mt 14:22-36
Wednesday:	Nm 13:1-2, 25—14:1, 26-29, 34-35/Ps 106:6-7, 13-14, 21 Mt 15:21-28
Thursday:	Nm 20:1-13/Ps 95:1-2, 6-9/ Mt 16:13-23
Friday:	Dn 7:9-10, 13-14/Ps 97:1-2, 5-6,/2 Pt 1:16-19/Mk 9:2-10
Saturday:	Dn 6:4-13/Ps 18: 28, 3-4. 47 and 51/Mk 17:14-20

Week of August 1, 2021

Monday:	St. Eusebius of Vercelli, Bishop; St. Peter Eymard
Wednesday:	St. John Vianney, Priest
Thursday:	The Dedication of the Basilica of St. Mary Major
Friday:	The Transfiguration of the Lord
Saturday:	St. Sixtus II and Compan- ions, Martyrs; St. Cajetan, Priest; BVM



GOD'S WORK

We are so busy! Most of us have more than one job to do, and we never seem to have enough time. We are workers, volunteers, parents, friends, and most of us are more than one thing at a time. But which of these is the work of God?

We seldom view our ordinary work as being the work of God. We may think that we have to be ministers or priests, missionaries or charity workers, engaged full-time in works formally identified as being "God's work." But everything we do with a faithful heart and with love for others is God's work. We each have our own role to fill in the world, and many gifts are necessary. We cannot always see the direct connection of our daily work to the plan of God. But we trust and we believe that God leads us to do what is needed, where it is needed. What is "God's work?" "This is the work of God, that you believe in the one he sent" (John 6:29).

Grace at a dinner party:

A woman was hosting a dinner party and at the table, she asked her six-year-old daughter to say grace. "But I wouldn't know what to say," the girl responded. "Just say what you hear Mommy say," replied the mother. The little girl nodded, bowed her head, and prayed, "Dear Lord, why in the world did I invite all these people to dinner?"

August 1: Greg Gough
Alexis Hatchett

August 8: Veronica Wilhite
Barbara Bisel

August 15: Aubrey Ottofy
Jacques Williams

Eucharistic Minister

August 1: Cindy Clark

August 8: Vivian Higgs

August 15: Barbara Bisel

PICNIC NOTES

Our picnic is less than one week away. Please sell your 50-50 tickets and return the ticket stub and money no later than Friday. Money not included in budget will go toward updates in church.

How can you be involved?

- ⇒ Sell, Sell, Sell 50-50 raffle tickets.
- ⇒ Make another donation since you will not be asked for donations of cakes, and drinks.
- ⇒ Volunteer on Friday or Saturday.
- ⇒ Invite family and friends to pre-order meat and partake of the drive-through meal (12-2 PM or as long as food is available.)

Bread of Life

For many years a friend of mine served as a catechist, helping to prepare parish children to receive First Communion. Each year she helped the children bake bread, letting the children form the dough, feeling its texture. They smelled the wonderful aroma as it baked and tasted the warm, delicious bread when it was finished. She taught the children about the importance of bread in our families and world, and how many people such as farmers, mill workers, bakers, truck drivers, and grocers help bring bread to our tables. She taught the children the connection between the bread and Jesus, the bread of life, who comes to us in the Eucharist. The word “bread” appears six times in today’s Gospel; think about the word and consider what it means to you. Does it make you think of sharing meals with family and friends? Does it remind you of our daily bread—that is, all that God gives us—and the need to trust that God will provide? Does it remind you of those who may go hungry? Each time we receive the Eucharist (which means “thanksgiving”) we are nourished by Jesus, the bread of life. As disciples we are called to be grateful for our daily bread (our many blessings, indeed everything we have!) and to return a generous portion to the Lord through prayer, service, and generosity.

.NO HARSHNESS

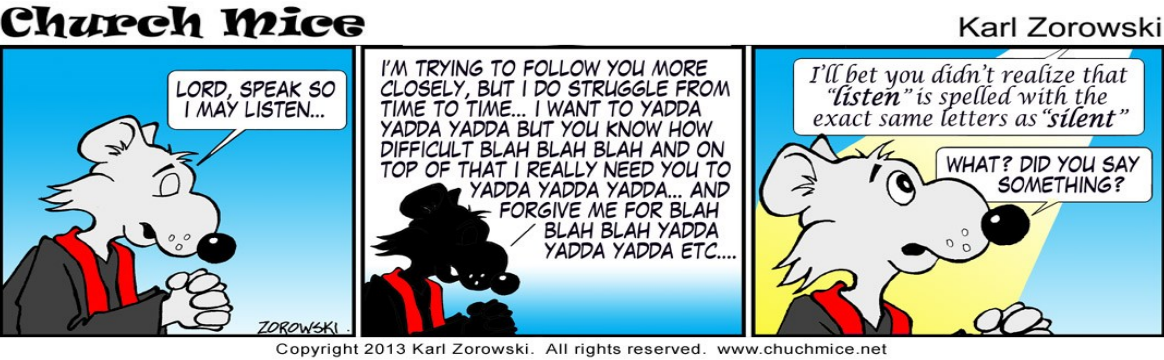
Fight all error, but do it with good humor, patience, kindness, and love. Harshness will damage your own soul and spoil the best cause.

TREASURES FROM OUR TRADITION

In 1794, a young Irishwoman befriended two widows aboard ship while emigrating to America. They bought a house in Philadelphia and began to live a community life under the direction of a priest. Soon they relocated to Washington. There, the “pious ladies,” as the neighbors called them, were asked by their priest friend, by then the president of Georgetown University, to begin a religious community. In 1799 they established a branch of the Visitation Order founded by Saint Jane de Chantal and Saint Francis de Sales in the 1620s.

The unique vision of this order followed a sensible routine, less arduous and more flexible than most traditions, and also accepted widows and older women. Amazingly, this American outpost of the Visitation began without reference to the “rule” of the Order. Most of the European convents had been lost under the “reign of terror,” and the rules and customs of the community could not be obtained. A copy of the rule was discovered in 1812, and in 1816 the pope officially established the monastery. By then, some French nuns had regrouped, and they sent a habit and cross to be copied. (No religious wore the habit in public in the United States until after the Civil War.) From the beginning, the Georgetown nuns had an educational mission, even though they discovered in the “rule” that such work was officially off-limits for the contemplative life. In America, the nuns depended on a school for their livelihood, so the rule was adapted. Today, the Academy of the Visitation is a thriving example of excellence in Catholic education, and the adjacent monastery is the oldest monastic foundation in the original thirteen United States.

—Rev. James Field, Copyright © J. S. Paluch Co.



Feel the power of prayer: *We are fragile beings, but we know how to pray; this is our greatest dignity and it is also our strength. Prayer opens the door to the Holy Spirit. When we let the Holy Spirit into our lives, amazing things can happen. Prayer has the power to dissolve personal differences. When we pray for someone with whom we disagree, we may be surprised to see how the conflict comes to an end. There is power in prayer because we never pray alone. We are in the company of anonymous saints who pray with us and who intercede for us as older brothers and sisters who have preceded us on this same human adventure. --Pope Francis*