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Blessed Sacrament

602 Sycamore Street • Owensboro, KY 42301 • 270-926-4741

www.blessedsacramentchapel.org or email at pa@blessedsacramentchapel.org

Mission Statement:

Established in the Spirit of Jesus Christ with an Afro-centric focus, Blessed Sacrament Chapel is committed to spreading the "Word" through fellowship and good works.

Sunday Mass: 10:00AM

St. Stephen Cathedral Parish Office: 270-683-6525

Pastor: Father John Thomas

john.thomas@pastoral.org

Parochial Vicar: Fr. Sinoj Pynadath HGN

sinoj.pynadath@pastoral.org

Parish Life Coordinator: Sr Jeannette Fennwald, SSND
pa@blessedsacramentchapel.org

TODAY'S READING

First Reading:

'We cried to the LORD, the God of our fathers, and he heard our cry.' (Dt 26:7)

Psalm:

Be with me, Lord, when I am in trouble. (Ps 91)

Second Reading:

For, if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. (Rom 10:9)

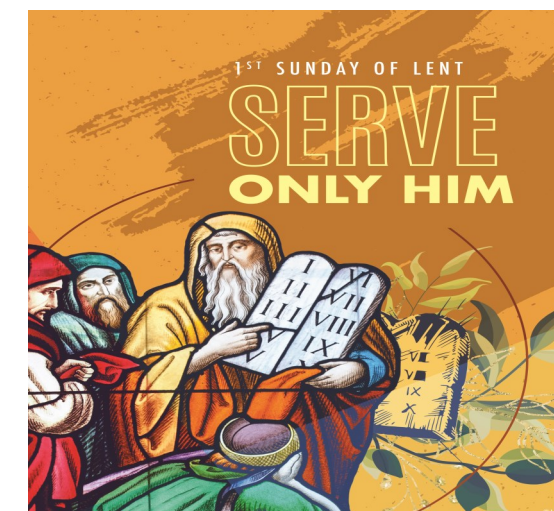
Gospel:

Filled with the Holy Spirit, Jesus returned from the Jordan and was led by the Spirit into the desert for forty days, to be tempted by the devil. (Lk 4:1-2)



1st Sunday of Lent March 6, 2022

**The word is near you
in your mouth and in your heart.**



*Everyone who calls on the name of the Lord
will be saved*

From the desk of Father Sinoj



Dear Friends in Christ,

Wish you all a fruitful Lent. Hope you have been able to begin this holy Season in prayer and fasting. Let us continue to remember the Pope’s invitation to pray for World Peace. May our Lenten Sacrifices and observances rise to heaven as offerings to bring God’s mercy upon the World.

Today on the First Sunday of Lent, the Church reflects on the Temptation of Jesus in the wilderness. This passage depicts Jesus as obedient to his Father’s Will, refusing to be seduced into using his Divine power or authority wrongly. The three temptations of Jesus represent the three essential weapons that the devil has in his arsenal to destroy humanity – sinful pleasures, easy wealth and positions of authority.

Jesus overcame these temptations through the knowledge of his identity, his purpose, and God’s plan for human salvation. Satan will tempt each of us to doubt God’s love, providence, and power. Here we are taught to follow Jesus’ example and respond to temptation as he did. Temptations make us true warriors of God by strengthening our minds and hearts. We are tempted not because we are evil; we are tempted because we are human.

😊😊😊 Always
😊😊😊 Keep
😊😊😊 Smiling!

God Loves you!!!

Father Sinoj, HGN

TREASURES FROM OUR TRADITION

Often, when a family keeps vigil around a person who is preparing for death, they may notice three interwoven activities. First, the dying person may become more prayerful and reflective than ever before, reviewing life’s journey in gratitude to God or seeking forgiveness and making amends for wrongs. Second, as death approaches, the need to eat and drink is lessened until even an ice cube brushed against the lips is satisfying. Third, persons who are dying often make plans to give their possessions away, making bequests, handing treasures down, providing for favorite charities.

Prayer, fasting, and almsgiving: with these three “pillars” of Lent, we rehearse our death every year in this season, and anticipate the final work we will do in this life. And every year, at the end of our journey, is the joy of Easter and the experience of the victory of Christ over death’s darkness and power. Annually, we remind ourselves that the Christian experiences the same power and presence at the end of life’s journey: Christ to the rescue and the lasting joy of heaven. James Field, Copyright JSPaluch Co.

Filling the Basket This Lent

Lent calls us into deeper everyday stewardship because it beautifully creates opportunities to be mindful of the call of Christ in even the most mundane moments of our day.

What are we going to bring before the Lord this Lent? What are our first fruits?

If you’re struggling with ideas for how to “fill your basket,” it can help to come at the problem from the opposite side. Take a look at the six characteristics of Everyday Stewardship and think about the moments in your day when you fail to fulfill the virtues to which they call you.

What is keeping you from being mindful of the call of Christ throughout your day? I promise you, if you listen, you’ll hear it more than once.

What is keeping you from being prayerful? When you have set your first fruits before the Lord, what keeps you from bowing down in His presence to finish the offering?

What keeps you from being grateful — especially of the small things that so often go unnoticed?

What keeps you from being gracious, from leaving people smiling as they walk away?

What keeps you from being committed and accountable? Where do your excuses come from and what makes you indulge them?
— Tracy Earl Welliver, MTS

March Birthdays

2--Marsha Allen
6--Elizabeth Hatchett, Jax Malone
7--Britney Carmona
18--Jean Higgs
19--Dennis Mayfield
25--Carol Hatchett
31--Cameron Malone, Frank Fulton



IMP—Kroger

If you do not have a community reward partner at Kroger, please designate Blessed Sacrament. Blessed Sacrament's # is WX799. Thank you. Go to krogercommunityrewards.com to register. Thanks to each of you for your support.

1st Week of Lent

How can we fast this week: *Jesus was tempted to change stones into bread.* Maybe try to give up bread as a reminder of how we have failed to trust God.

How can we pray this week: The Divine Mercy Litany is a prayer of trust.

How can we fast this week: Carve out extra time to visit older relatives or more time to talk to family.

Mass Intentions .

March 6--Betty and John Clark
March 13--Shirley Schmidt
March 20--Hugh Moorman
March 27--Stephen Hall

Let us remember to pray for those who have recently died or those in the process of dying. Remember to pray for the souls in purgatory, especially for those who have no one to pray for them.

Our thoughts and prayers are with the sick:
Larry Allen, Carol Hatchett, Gina Kirby, Martha Kramer (Connie Clary's daughter)
Larry Clark, Colin Holahan, Colton Braungardt, Hank Pardon, Doris Smith, Debbie Bellwood, Janice Taul, Merle Griffith, Pam Wilson, Frank & Gloria Adams, Shelby Webster, Louise Johnson, Ruth Coble, Larry Conder, Mike Coakley, Andy Evans, Gary Moorman, Rachel Mattingly, Camilla Greer, Phillip Moorman, Jr. **If you know of anyone who is in need of prayer or visitation, please notify the office.**

Please remember our home-bound: Ruth Coble at One Park Place. Georgia Holland lives in St. Louis but stays active in BSC. A card or phone call can cheer them up.

Plastic Smiles

Lent comes to us with its shout of truth and hope. It tells us that we do not have to slap on makeup and draw plastic smiles as if nothing were happening... God invites us to...admit that something inside of us is not well, and that something in society or in the church is not well. He invites us to change, to turn around, and to be converted.

--Pope Francis

Coming Events CALENDAR



Blessed Sacrament Chapel

March 11--1st Fish Fry 5-7 PM
March 21--Listening Session with Bishop @Blessed Mother 6-8 PM
March 25--SSC Fish Fry 5-7:30 PM
April 8--2nd Fish Fry 5-7 PM



February 27--\$2,018
(\$568 through We Share)

Weekly Budget--\$962

MTD Collection--\$4,600

MTD Budget--\$3,848

YTD Collection--\$40,027

YTD Budget--\$33,670

May each give according to what the Lord has blessed us with.

Have you thought about donating to BSC online? It's safe. It's simple. It's convenient. You can use your debit or credit card, checking or saving account.



LENT OPPORTUNITIES

Reconciliation:

At Cathedral: Each week

Saturdays 9:30-11 AM

March 6 2 pm

Blessed Mother Church

Online Devotionals

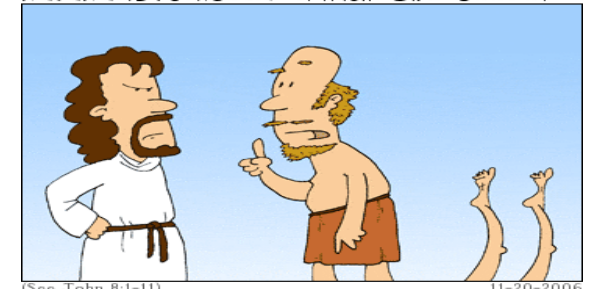
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(See John 8:1-11) 11-20-2006
OH I AM NOT WITHOUT SIN ... MY TWO FAVORITE SINS, IN FACT, ARE LYING AND CASTING STONES AT PEOPLE

Lectors	
March 6:	Alexis Hatchett Aubrey Ottofy
March 13::	Greg Gough Wayne Stephens
March 20:	Jacques Williams Sarah Malone
Eucharistic Minister	
March 6:	Vivian Higgs
March 13:	Barbara Bisel
March 20:	Cindy Clark

Offering First Fruits

What will you offer to God throughout these weeks of Lent? Today's reading from Deuteronomy speaks of God's abundant blessings. *"Therefore, I have now brought you the firstfruits of the products of the soil which you, O Lord, have given me."* Everything we have comes from God! In gratitude, we can make our Lenten practices of prayer, fasting, and almsgiving as offerings of "firstfruits." What are some ways to put these pillars into practice? **Pray.** Offer prayers of thanksgiving for the blessings in your life; attend daily Mass; pray the Stations of the Cross; devote quiet time each day with the Lord in prayer. **Fast.** Embrace discipline and self-denial by giving up habits that need pruning from your life, or begin some new, positive habits (it's not about giving up chocolate, unless you overindulge!); create a gratitude journal by writing down three things each day for which you are grateful. **Give.** Donate to benefit the less fortunate; forego restaurant meals and donate the savings to a food pantry. Give your time—there are many parish ministries that need and welcome more volunteers. Remember that giving is good for the *giver*, and that God cannot be outdone in generosity!

A PRAYER FOR PEACE BY POPE FRANCIS

Lord God of peace, hear our prayer!
We have tried so many times and over so many years
to resolve our conflicts by our own powers
and by the force of our arms.
How many moments of hostility and darkness have we experienced?
how much blood has been shed?
how many lives have been shattered?
how many hopes have been buried?
But our efforts have been in vain.

Now, Lord, come to our aid!
Grant us peace, teach us peace;
guide our steps in the way of peace.
Open our eyes and our hearts,
and give us the courage to say: "Never again war!"; "With war everything is lost".
Instill in our hearts the courage to take concrete steps to achieve peace.

Lord, God of Abraham, God of the Prophets, God of Love,
you created us and you call us to live as brothers and sisters.
Give us the strength daily to be instruments of peace; enable us to see everyone who crosses our path as our brother or sister.
Make us sensitive to the plea of our citizens who entreat us to turn our weapons of war into implements of peace,
our trepidation into confident trust,
and our quarreling into forgiveness.
Keep alive within us the flame of hope, so that with patience and perseverance we may opt for dialogue and reconciliation.
In this way may peace triumph at last,

Readings for the Week

Monday:	Lv 19:1-2, 11-18/Ps 19:8-10, 15/Mt 25:31-46
Tuesday:	Is 55:10-11/Ps 34:4-7, 16-19/Mt 6:7-15
Wednesday:	Jon 3:1-10/Ps 51:3-4, 12-13, 18-19/Lk 11:29-32
Thursday:	Est C:12, 14-16, 23-25/Ps 138:1-3, 7-8/Mt 7:7-12
Friday:	Ez 18:21-28/Ps 130:1-8/Mt 5:20-26
Saturday:	Dt 26:16-19/Ps 119:1-2, 4-5, 7-8/Mt 5:43-48

Observances for the week of March 6

Monday:	Sts. Perpetua and Felicity, Martyrs
Tuesday:	St. John of God, Religious
Wednesday:	St. Frances of Rome
Friday:	Abstinence
Next Sunday:	2 nd Sunday of Lent; Daylight Saving Time begins

Laugh of the Week

Two nuns were shopping at the 7-11 store. As they passed by the beer cooler, one said to the other, "Wouldn't a nice cool beer or two taste wonderful on a hot summer evening?" The second answered, " Indeed it would, but I would not feel comfortable buying beer, since I'm certain it would cause a scene at the checkout." "I can handle that without a problem," the first nun replied, and she picked up a six-pack and headed for the check-out. The cashier had a surprised look on his face when the two nuns arrived with a six-pack. "We use beer for washing our hair", the first sister said, "back at the convent we call it Catholic Shampoo." Without blinking an eye the cashier reached under the counter, pulled out a package of stick pretzels and placed them in the bag with the beer. Looking them straight in the eye, he smiled and said, "THE CURLERS ARE ON THE HOUSE."

ALMSGIVING, PRAYER, FASTING, AND TEMPTATION

As we begin our season of fasting, prayer, and almsgiving, the reading from Deuteronomy reminds us of our duty of almsgiving, that we “set (our offering) before the Lord, (our) God, (and) shall bow down in (God’s) presence”. (Deuteronomy 26:10). The reading from Romans refers us to our prayer, reminding us that “The word is near you, in your mouth, and in your heart...For everyone who calls on the name of the Lord will be saved.” (Romans 10:8, 13). These are comforting words, and encourage us to ask God for what we need an to aid us in our prayer. Finally, the Gospel of Luke shows us a fasting Jesus, who was tempted as we are, and who knows what it means to be human. Someone once said that temptation arises when you’re tired and weary, and the devil comes along and makes a perfectly reasonable suggestion. Jesus shows us that, with his help, we too can overcome our temptations, reasonable as they may sound. copyright@J.S.Paluch.Co.

Past and Future

There is no saint without a past--
And no sinner without a future.

III Habits.

III habits gather by unseen degrees--as
brooks make rivers and rivers run to sea.