

13TH SUNDAY IN ORDINARY TIME

JUNE 28, 2026



BLESSED SACRAMENT

602 Sycamore Street • Owensboro, KY 42301 • 270-926-4741
www.blessedsacramentchapel.org or email at office@bscobo.org

Sunday Mass: 10:00AM

Mission Statement:

Established in the Spirit of Jesus Christ with an Afro-centric focus, Blessed Sacrament Chapel is committed to spreading the "Word" through fellowship and good works.

St. Stephen Cathedral Parish Office: 270-683-6525

Pastor: Father John Thomas
jthomas@sscobo.org

Parochial Vicar: Father Christopher Grief
grief@sscobo.org

Parish Life Coordinator: Sr. Monica Seaton, OSU
office@bscobo.org

Sunday's Readings

First Reading:

When the woman had been called and stood at the door, Elisha promised, "This time next year you will be fondling a baby son." (2 Kgs 4:15-16)

Psalm:

For ever I will sing the goodness of the Lord. (Ps 89)

Second Reading:

We were indeed buried with him through baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, we too might live in newness of life. (Rom 6:4)

Gospel:

Whoever finds his life will lose it, and whoever loses his life for my sake will find it. (Mt 10:39)



13TH SUNDAY IN ORDINARY TIME



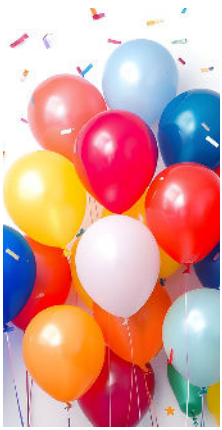
"Whoever gives only a cup of cold water to one of these little ones to drink because the little one is a disciple--amen, I say to you, he will surely not lose his reward." - Mt 10:42

My Dear Parishioners:

The Sacrament of the Holy Eucharist is not a thing but a living divine and human Person. It is Jesus Christ, Risen in glory. To receive Holy Communion is to welcome Jesus Christ within oneself, acknowledged as Lord and God. Individually and together Christ joins us to himself as his Body, the Church. We become one risen flesh and blood with him, sharing Christ's mission from the Father. To be faithful to this communion is a discipleship, that is, a discipline. Since this Communion means one Body and one Mission in the Church, as well as one Eucharistic and Apostolic faith, it would be a falsehood for Christians separated from the Catholic Church to participate in it. Out of compassion, the Church does make some strictly controlled exceptions to this rule. While all Catholics are nonetheless sinners on the paths of conversion, venial sin does not break one's communion in the Church. Mortal sin does. Holy Communion received with a contrite heart experiences Jesus Christ taking our venial sins away. But one who has rejected God's grace by the choice of deadly or grievous sin must repent of that sin and be absolved sacramentally in Reconciliation before once more approaching Holy Communion. In extreme circumstances when Confession is not possible for an extended period of time, one may approach Holy Communion if one is deeply contrite and has the real intention of confessing as soon as possible. Otherwise, one mocks Jesus and his sacrifice and commits the further deadly sin of sacrilege.

The Church encourages frequent Eucharistic Communion, even daily. The friend of the Lord wants to be with him as closely as possible and only the Beatific Vision will be a more intimate union with God than the Holy Communion already available to us in the Sacrament of the Lord's Body and Blood. At a minimum, the Church teaches as a precept that, except for those penalized by excommunication or those restricted from communion because of improper marriage, each fully initiated Catholic must receive Holy Communion at least once a year and during Easter time at that. This is called the "Easter duty." Easter time runs from Ash Wednesday through Trinity Sunday, the major liturgical period devoted to renewed conversion. Of course, if one goes so rarely it is recommended that one should also go to Confession. The latter Sacrament of Reconciliation is only required when one is conscious of serious (deadly, mortal, grievous) sin. The Church also prescribes a one hour fast from food and beverages (other than water) prior to Eucharistic Communion. The fast is not required of those who are ill, in the hospital, homebound, or of those caring for them. The fast is a serious matter of concern, for it is a focal manner of preparing to meet the Lord Jesus Christ. For practical purposes (medicine excluded) one should not enter church chewing gum. Candy, condiments, gum, drinks, all should be avoided by about a half hour before the scheduled time of Mass. That would allow for the minimal time of the fast. One may fast longer than an hour, but never to the point of illness. Priests with several Masses in a day have a mitigated fast so as to take some nourishment.

Roman Catholics have prescribed reverences in recognition of our Lord in the Blessed Sacrament. Upon entering or leaving a room in which the Eucharist is reserved a Catholic (whose knees work) ought to genuflect on the right knee before Christ sacramentally present



June Birthdays

30—Trent Hatchet

July Birthdays

3—Ray Higgs

6—Fr. Christopher Grief

10—Chelis Carmona

13—Francine Epison

15—Georgia Holland

17—Wayne Stephens,

21—Meredith Fain

22—Marcia Wilhite

24—Lori Robinson

27—Robert Hagan

29—Hugh Moorman

30—Yvonne Mundy

Our thoughts and prayers are with the sick: Phaedra Fuchs, Mary Ann Terry, Nicole Melton, Mike Dunn, Renee Perkins, Rita Moorman, Joanne Kendall, Rollie Pike, Larry Leachman, Dorothy Simmons, Steve Coble, Teresa Luebbert, Diane Selby, Kathi Skidd, Ray Higgs, Pam Wilson, Phil Armendarez, Cindy Heckmann, Judy Stinett, Shaun Winchell, China Dulin, Rachel Mattingly, Charlie Brown Sr, Steven Moorman, Philip Moorman, Jr., Ronnie Hollis, Chandra Hagan, Ruth Coble, Carol Hatchett, Jordan Gertisen, Shelby Webster, Gary Moorman. **If you know of anyone who is in need of prayer or visitation, please notify the office.**

Mass Intentions

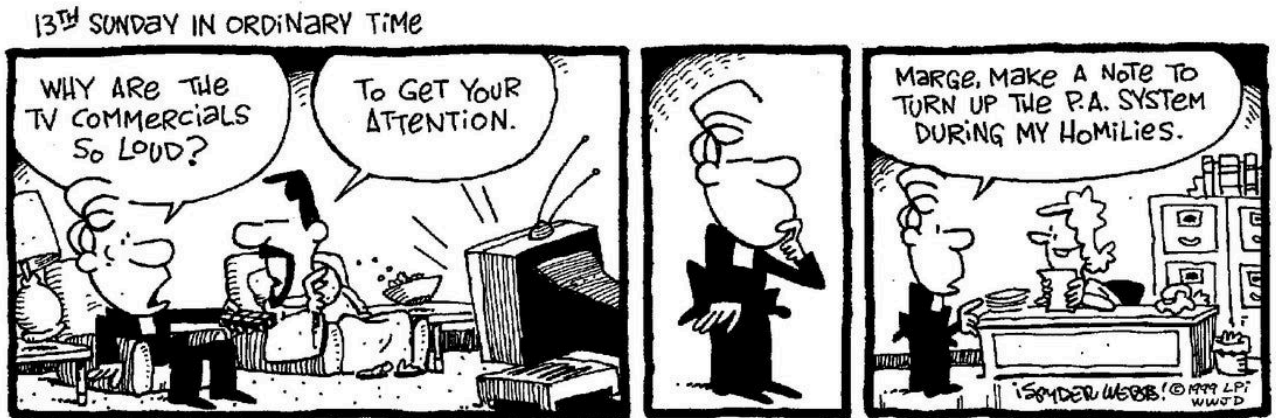
June 28 - Kenneth Higgs

July 5 - Charlene Armendarez

July 12 - Larry Allen

Let us remember to pray for those who are dying and those who have recently died.

Remember to pray for the souls in purgatory, especially for those who have no one to pray for them.



Coming Events



July 4-Independence Day

August 1-Picnic Drive-Thru

11am-1pm



August 9-Raffle Drawing

after Mass



June 21--\$1,813.50

Budget--\$1,300.00

MTD Collection--\$4,512.09

MTD Budget--\$3,900.00

YTD Collection--\$97,021.56

YTD Budget--\$67,300.00

*May each give according to
what the Lord has blessed
us with.*

*Thanks to everyone who practices
stewardship on a regular basis. An
active parishioner attends Mass
regularly and practices stewardship
(time, talent, treasure).*

GOSPEL MEDITATION

I still remember the first homily I ever preached as a new deacon. It was at the seminary, and the Gospel was this one: **“Whoever loves father or mother more than me is not worthy of me.”** (Matthew 10:37-38) Standing before more than 200 classmates and professors, I stumbled awkwardly through my words and realized how strange — almost insane — this teaching sounded. If anyone else said it, we would call it narcissistic or cultish.

And that is the point. I felt the weight of those words in my own heart then, as I still do today. Am I willing to live as though Christ’s claim on my love is absolute? Are you?

Over the years, I’ve learned that the more I do, the more everything else makes sense. Family, friendships, vocation, even my very self: all of it falls into place when my love for Jesus comes first.

That is why he dares to speak this way. Our Lord is not a cult leader hungry for control. He is the Son of God, the source of life and love itself. To put him before everything else is not to lose, but to find... everything, and everyone, in him.

This week, name one thing or one person you are tempted to place before the Lord. Then consciously offer it back to him in prayer.

— Father John Muir

Readings for the Week

Monday: Acts 12:1-11/ Ps 34:2-3, 4-5, 6-7, 8-9/2 Tm 4:6-8, 17-18/Mt 16:13-19

Tuesday: Am 3:1-8; 4:11-12/Ps 5:4b-6a, 6b-7, 8/Mt 8:23-27

Wednesday: Am 5:14-15, 21-24/Ps 50:7, 8-9, 10-11, 12-13, 16bc-17/Mt 8:28-34

Thursday: Am 7:10-17/Ps 19:8, 9, 10, 11/Mt 9:1-8

Friday: Eph 2:19-22/Ps 117:1bc, 2/Jn 20:24-29

Saturday: Am 9:11-15/Ps 85:9ab and 10, 11-12, 13-14/Mt 9:14-17

Observances for the Week

Monday: Sts. Peter And Paul, Apostles

Tuesday: The First Martyrs of the Holy Roman Church

Wednesday: St. Junípero Serra, Priest

Friday: St. Thomas, Apostle

Saturday: Independence Day



Discernment, Explained!

We most often hear the term “discernment” when a man or woman prayerfully considers a religious vocation. This is a helpful context in which to think of the virtue of discernment, which all Christians are called to develop, lay and religious alike.

When a person hears a “call,” he cannot simply go — he must first figure out where the call is coming from. It’s not enough to simply have an idea of becoming a priest, a sister, a missionary, a husband, a wife — the idea needs a good, thorough background check. This is discernment, which “unmasks the lie of temptation, whose object appears to be good...when in reality its fruit is death,” says the Catechism. (CCC 2846)

We run this background check of discernment on our feelings, our intentions, and our inclinations under the guidance of the Holy Spirit and through a diligent regimen of prayer and reflection. “The Spiritual Exercises of St. Ignatius” is highly regarded as a useful tool for spiritual discernment.



QUESTIONS OF THE WEEK - REFLECT AND RESPOND TO SCRIPTURE

1st Reading

The Shunammite woman is rewarded for her hospitality to the prophet Elisha.
Is there a friend or colleague who needs your kindness this week?

2nd Reading

Paul teaches the Romans that as believers, we have died and risen in Christ and now look forward to living in “newness of life.”
Is there something you are really looking forward to?

Gospel Reading

Jesus sets a high standard for those who choose to follow him.
What have you found most rewarding about following Jesus?

©LPi

LIVE THE LITURGY - INSPIRATION FOR THE WEEK

Whoever receives the one sent in Christ’s name receives Christ. Whoever loves the Word of God loves God Himself. Who is Christ sending to you in his name this week? What Word do they speak into the stillness of your soul? Receive them. Receive him.

©LPi

Ministry Schedule

	Lectors	Eucharistic Ministers	Collection & Gifts
June 28	Greg Gough Sister Monica Seaton	Greg & Denise Richardson Misty Sanford	Barbara Hammond Wonet Taylor
July 5	Misty Sanford Barb Bisel	Vivian Higgs Sister Monica Seaton Janet Clark	Bernadette Thames

Pastor's Corner Continued...

as a form of devout greeting and as a sign of our corporate faith. When unable to genuflect, one makes a profound bow, again as able. The Bishops of the United States have determined that Catholics, when approaching the Blessed Sacrament for communion, are to bow the head and then to respond, "Amen," to the declaration of the sacrament, e.g., "The Body of Christ" or "the Blood of Christ." To be faithful to this reverence is a form of liturgical obedience and communion. To opt for an exception is a form of idiosyncrasy contrary to the spirit of the communion procession. The norms of our Church are clear. We are given a choice as to whether we wish to receive Holy Communion on the tongue or the hand. We are brought together in our common journey toward the Altar. Our posture during Mass signifies unity. We sit, stand, kneel, and process together. It is a powerful vision of our common beliefs and practices. When we move toward the Altar in common procession, we are moving together TOWARD SOMETHING. It is this common action that speaks of our desire to encounter Jesus; indeed to devour Him; to become one with Him and He with us. We are welcoming the King, the Just Judge, the Lord, the Son of God, our Redeemer, our Friend. Love counsels great care and sincere devotion.

Blessings,

Fr. John



50/50 Raffle

Tickets to sell will be distributed at church or mailed to parishioners.

Last year the total half pot sales were \$5,085. Let's try to make this year the biggest one yet!

To turn in sold tickets or if you need more tickets please contact Cindy Clark, Michelle Jones, or Sister Monica



Supply Company Inc.
"Since 1978"

270-685-4919
800-787-6803 (Fax) 270-685-2559
PO Box 1796, 1611 West 7th St., Owensboro, KY 42302

Greg Gough
(Cell) 270-993-7120
greg@pvfsupplyco.com



- Carpet Cleaning
- Upholstery Cleaning
- Ceramic/Grout Cleaning
- Auto Interiors
- Area Rugs Cleaned

715 Cumberland St.
Owensboro, KY 42303
Phone: 270-684-0969 (Owensboro)
Phone: 270-827-1130 (Henderson)
Emergency: 270-315-2294

Jacques Williams
Manager



Mowing, Mulch/Rock, Spring/Fall Cleanup
- Free Estimates -
Call/Text
Ethan Gough

270-993-7122

Edward Jones

Katie Goins, CFP®
Financial Advisor

3211 Frederica St Suite I
Owensboro, KY 42301
Bus. 270-685-5144

katherine.goins@edwardjones.com
edwardjones.com/katherine-goins

IMP—Kroger

Thank you to everyone who has designated Blessed Sacrament as your community reward partner. If you do not have a community reward partner, please designate Blessed Sacrament. Blessed Sacrament's # is WX799.

Go to krogercommunityrewards.com to register. Thanks for your support.

Safe Environment The safety of our children is the responsibility of every Christian. Anyone aware of the abuse of a person under the age of eighteen is required by law to report this to the proper state authorities (800-422-4453); local law enforcement (800-752-6200); or the Kentucky Child Abuse Hotline (toll-free: 1-877-597- 2331). To report abuse to the diocese, current or past, by anyone acting in the name of the Church (paid or volunteer), call Louanne Payne, Pastoral Assistance Coordinator (English) on the confidential phone line: 270-852-8380, or Susan Montalvo-Gesser/Miguel Quintanilla, Pastoral Assistance Coordinators (Spanish): 270-880-8360. The Diocese of Owensboro's sexual abuse policy is available at this parish (in the bookshelf in back of the church), in the parish office and hall, and on the diocesan website (<https://owensborodiocese.org/safe>). To make a report of sexual abuse of a minor and related misconduct by bishops, go to ReportBishopAbuse.org or call 1-800-276-1562