

THE SOLEMNITY OF THE MOST HOLY
BODY AND BLOOD OF CHRIST

JUNE 7, 2026



BLESSED SACRAMENT

602 Sycamore Street • Owensboro, KY 42301 • 270-926-4741
www.blessedsacramentchapel.org or email at office@bscobo.org

Sunday Mass: 10:00AM

Mission Statement:

Established in the Spirit of Jesus Christ with an Afro-centric focus, Blessed Sacrament Chapel is committed to spreading the "Word" through fellowship and good works.

St. Stephen Cathedral Parish Office: 270-683-6525

Pastor: Father John Thomas
jthomas@sscobo.org

Parochial Vicar: Father Christopher Grief
grief@sscobo.org

Parish Life Coordinator: Sr. Monica Seaton, OSU
office@bscobo.org

Sunday's Readings

First Reading:

"Do not forget the LORD, your God, who brought you out of the land of Egypt, that place of slavery." (Dt 8:14)

Psalm:

Praise the Lord, Jerusalem. (Ps 147)

Second Reading:

Because the loaf of bread is one, we, though many, are one body. (1 Cor 10:17)

Gospel:

"I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world." (Jn 6:51)



THE MOST HOLY BODY AND BLOOD OF CHRIST

"Jesus said to the Jewish crowds: 'I am the living bread that came down from heaven.'" John 6:51

My Dear Parishioners:

There are only a few TV programs I watch regularly. Honestly, most of the time I am in front of the TV you will find me watching the Food Network. I even have those programs on when I iron or clean (or nap!). There is a program I enjoy once and a while called **Man Vs. Wild**. This program is hosted by an ex-military man Bear Gryllis. He would go for an adventure into different parts of the world, climbing up mountains and cliffs, swimming across dangerous rivers, crossing deserts, climbing down dark caves and tunnels, etc. But no matter where he goes, he always follows one principle, i.e. how to survive through those difficult and challenging places. Living out this principle, the first thing he does is to look for food and water, as he goes along to find his way out to a safer place. In a process, he would look for anything edible, and look for anything that might contain water, such as coconuts and bamboo trunks. This just goes to show, food and water are necessary for a person to survive and to live.

Friends, God knows that we need food and water to live. So he provides us with food and drink every day. Our First Reading today tells us, God provided ‘manna’ to the Israelites in the desert when they complained for food. The word “manna” possibly comes from the Aramaic man hu, which means ‘what is this?’ which expresses the wonder of the discovery that God’s love and providential care kept his chosen people alive on this substance. Manna was a sticky sweet resin exuded by trees like the tamarisk which on hardening, could be eaten. And when they complained about water, God provided them with water from the rock. But the manna and the water that the Israelites ate and drank did not assure them of eternal life. ‘They are dead’ as Jesus tells the Jews in our gospel today. However, Jesus did not say this to be cynical to the ancestors of the Jews, but to make them realize that in him, eternal life is offered and assured, as long as they eat his body and drink his blood. This self-proclamation of Jesus seems to have created a hiccup for the Jews. They asked ‘how can he give his flesh to be eaten?’

Our celebration today offers us an answer to this question. Jesus gives his very life to give us life. Through the Holy Spirit, Christ becomes truly present in the Eucharistic species. In the Consecration, the earthly species [i.e. bread and wine] are transformed substantially into a real body and blood of Jesus to become our spiritual food and drink—the special gift from God to us. This is how he gives his flesh for us to be eaten, and this is how he gives out his blood for us to drink. This is how he wants us to enjoy eternal life with him.

When we take communion, then we not only receive this to survive or to live but we also welcome and accept God’s offer of eternal life. This Eucharist makes us one, in the Body of Christ. This unity then sustains and strengthens us to go on in our mission of promoting the cause of God, the cause of peace, justice, and unity.

Because of this Eucharist and because of the real presence in the Eucharist, more especially in the Eucharistic species, the church survives over the centuries amidst the challenges, difficulties, problems, scandals, etc. The Eucharist has been and will continue to be the lifeline of the Church. And being member of this body of Christ, we are enjoying this very life as well. Because of the ever-continuing presence of Jesus, the Church survives and lives on. Let us therefore, not lose sight of him. For in Him, eternal life is sure and imminent. If we have not welcomed Jesus yet in our lives, let’s pray he’d come and dwell in us, to guide and sustain us, and to give us life. When we receive the Body and Blood of Jesus, we, too, must be transformed. It could never be more true . . . we are what we eat!

June Birthdays

9—Alvin Leachman
17—Harry Fuchs
23—Pamela McCarter
Michelle Jones
27—Leland Herzog
Lucie Fuchs
30—Trent Hatchet

Mass Intentions

June 7 - James Curtiss 'JC' Greene

June 14 - Brenda Millay

June 21 - April Brown

Our thoughts and prayers are with the sick: **Mary Ann Terry**, Nicole Melton, Mike Dunn, Phaedra Fuchs, Renee Perkins, Rita Moorman, Joanne Kendall, Rollie Pike, Larry Leachman, Dorothy Simmons, Steve Coble, Teresa Luebbert, Diane Selby, Kathi Skidd, Ray Higgs, Pam Wilson, Phil Armendarez, Cindy Heckmann, Judy Stinett, Shaun Winchell, China Dulin, Rachel Mattingly, Charlie Brown Sr, Steven Moorman, Philip Moorman, Jr., Ronnie Hollis, Chandra Hagan, Ruth Coble, Carol Hatchett, Jordan Gertisen, Shelby Webster, Gary Moorman. **If you know of anyone who is in need of prayer or visitation, please notify the office.**

Let us remember to pray for those who are dying and those who have recently died.

Remember to pray for the souls in purgatory, especially for those who have no one to pray for them.

THE BODY & BLOOD OF CHRIST

CATHOLIC CROSSWORDS



Coming Events



June 7-Diocesan Corpus Christi procession 3:00pm

June 21-Father's Day



May 31--\$1,056.50
Budget--\$1,300.00
MTD Collection--\$7,822.51
MTD Budget--\$6,500.00
YTD Collection--\$92,509.47
YTD Budget--\$63,400.00

May each give according to what the Lord has blessed us with.

Thanks to everyone who practices stewardship on a regular basis. An active parishioner attends Mass regularly and practices stewardship (time, talent, treasure).

GOSPEL MEDITATION

When I was a young altar server, I once overheard two very different comments about the Eucharist. One person asked, "Is Father distributing the bread or the wine?" Later, another asked, "Can you go get Jesus from the tabernacle?" Same parish, same Mass, but two very different ways of speaking. I pondered: So, is it bread that we pretend is Jesus? Or is Jesus a tiny white thing in a box? I was utterly confused.

This Feast of Corpus Christi is an excellent time to think about how we should speak about the Eucharist. In today's Gospel, Jesus declares: "**My flesh is true food, and my blood is true drink.**" (John 6:55) His words scandalized his listeners, who feared cannibalism, and even today puzzle many, who reduce them to metaphor. Both miss the truth.

The Church gives us better words that honor Jesus' words in the Gospel. After the consecration, we do not call it "bread" or "wine." Nor do we say, "a piece of Jesus" or even "Jesus." We say: *the Eucharist*. We say: *the Body and Blood of Christ*. We say: *the Real Presence*. We say: *the Most Blessed Sacrament*. These words safeguard the astonishing reality that Christ himself is truly present, whole and entire, under the appearances of bread and wine.

If we speak well about the Eucharist, we will think more clearly and believe more deeply. And if we believe more deeply, we will adore more truly the One who gives himself to us — not bread, not wine, but Jesus Christ himself, whole and entire.

— Father John Muir

Readings for the Week

Monday: 1 Kgs 17:1-6/ Ps 121:1bc-2, 3-4, 5-6, 7-8/Mt 5:1-12

Tuesday: 1 Kgs 17:7-16/ Ps 4:2-3, 4-5, 7b-8/Mt 5:13-16

Wednesday: 1 Kgs 18:20-39/ Ps 16:1b-2ab, 4, 5ab and 8, 11/Mt 5:17-19

Thursday: Acts 11:21b-26; 13:1-3 (580)/Ps 65:10, 11, 12-13/Mt 5:20-26

Friday: Dt 7:6-11/Ps 103:1-2, 3-4, 6-7, 8, 10/1 Jn 4:7-16/Mt 11:25-30

Saturday: 1 Kgs 19:19-21/Ps 16:1b-2a and 5, 7-8, 9-10/Mt 5:33-37

Observances for the Week

Tuesday: St. Ephrem, Deacon and Doctor of the Church

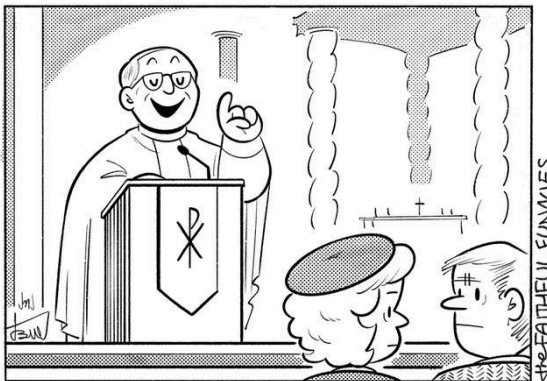
Thursday: St. Barnabas, Apostle

Friday: The Most Sacred Heart of Jesus

Saturday: The Immaculate Heart of the Blessed Virgin Mary;

St. Anthony of Padua, Priest and Doctor of the Church

"What do you call the pope when he tells a corny joke during his homily?"



"The Supreme **Pun-tiff.**"

FUN FACT!



The pope is sometimes called the "Supreme Pontiff," a more formal way of referring to him. The word "pontiff" derives from the Latin word "pontifex," which means "bridge builder."

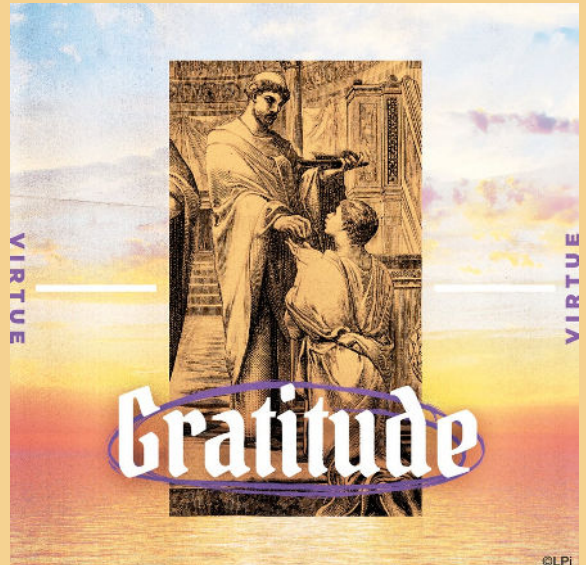
©LPI

Gratitude, Explained!

How many of us have been told to "be grateful" when we look a little glum? But the truth is that gratitude is about more than just attitude. This virtue concerns our actions — how we carry ourselves in the world, how we behave toward other people, and how we submit to lawful authority.

"Gratitude answers to the moral debt," St. Thomas Aquinas writes (Sum., II:II, 106, Art. 1). We owe gratitude to those who have cared for us — children owe it to their parents in the form of respect (CCC 215) and citizens owe it to their country in the form of love and service (CCC 215).

The Eucharist is the most perfect act of gratitude. Appropriately, Jesus "gives thanks" for the bread at the Last Supper, just as we give thanks before the Eucharist — acknowledging God as the principal source of all that is good.



QUESTIONS OF THE WEEK - REFLECT AND RESPOND TO SCRIPTURE

1st Reading

Moses instructs the Israelites to never forget their 40-year journey in the desert and the Lord's deliverance of them from slavery in Egypt.

What has God done in your life that you will never forget?

2nd Reading

Paul reminds the Corinthians that the Body and Blood of Christ unite us as one body.

Do you see your faith community united by the Eucharist?

Gospel Reading

Jesus teaches the crowds that whoever eats his body and drinks his blood will live forever.

Who could you invite this week to attend Sunday Mass with you?

Corpus Christi Prayer

O Precious Jesus,

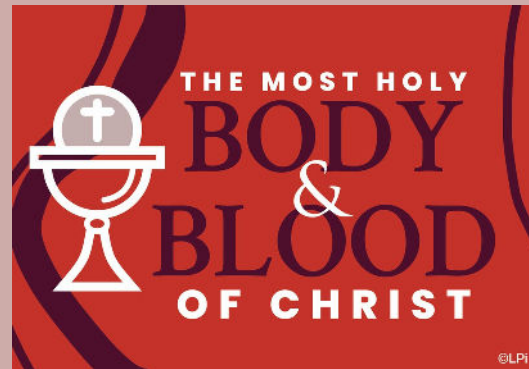
The gift of your Body and Blood, shared with us, is unfathomable.

Like manna that satiated our hunger, fill us where we lack.

Like the bread given to Elijah in the desert, sustain us.

Grace us with a glimpse into your love for us, now and forever, present in the Eucharist.

Amen.



Ministry Schedule

	Lectors	Eucharistic Ministers	Collection & Gifts
June 7	Leland Herzog Katie Goins	Greg & Denise Richardson Misty Sanford	Jamie, Beau, & Luke Bisel
June 14	Jacques Williams Greg Gough	Holly Hollis Barb Bisel Janet Clark	Bernadette Thames

Pastor's Corner Continued...

So as we continue to celebrate our solemnity of the Body and Blood of Christ, let us thank God for this great and special gift of the Eucharist, a gift that assured us not only to survive and to live but of everlasting life. Let us make this solemnity then resolution to be more active in our participation in every celebration of the holy Eucharist.

Blessings,

Fr. John



The Roman Catholic Diocese of Owensboro and
Saint Stephen Cathedral Invite you to:

CORPUS CHRISTI PROCESSION



Beginning at Sts. Joseph and Paul Catholic Church
609 E 4th St, Owensboro, KY 42303
Ending at Saint Stephen Cathedral

SUNDAY | JUNE 7 | 3:00 PM

ICE CREAM SOCIAL IMMEDIATELY FOLLOWING PROCESSION
AND ADORATION IN SAINT STEPHEN COMMUNITY CENTER



Pipe, Valves, Fittings, Pneumatics, Actuation, & Steam



Supply Company Inc.
"Since 1978"

270-685-4919
800-787-6803 (Fax) 270-685-2559
PO Box 1796, 1611 West 7th St., Owensboro, KY 42302

Greg Gough
(Cell) 270-993-7120
greg@pvfsupplyco.com



- Carpet Cleaning
- Upholstery Cleaning
- Ceramic/Grout Cleaning
- Auto Interiors
- Area Rugs Cleaned

715 Cumberland St.
Owensboro, KY 42303
Phone: 270-684-0969 (Owensboro)
Phone: 270-827-1130 (Henderson)
Emergency: 270-315-2294

Jacques Williams
Manager



Mowing, Mulch/Rock, Spring/Fall Cleanup
- Free Estimates -
Call/Text
Ethan Gough

270-993-7122



Katie Goins, CFP®
Financial Advisor

3211 Frederica St Suite I
Owensboro, KY 42301
Bus. 270-685-5144

katherine.goins@edwardjones.com
edwardjones.com/katherine-goins

IMP—Kroger

Thank you to everyone who has designated Blessed Sacrament as your community reward partner. If you do not have a community reward partner, please designate Blessed Sacrament. Blessed Sacrament's # is WX799.

Go to [krogercommunityrewards.com](https://www.krogercommunityrewards.com) to register. Thanks for your support.

Safe Environment The safety of our children is the responsibility of every Christian. Anyone aware of the abuse of a person under the age of eighteen is required by law to report this to the proper state authorities (800-422-4453); local law enforcement (800-752-6200); or the Kentucky Child Abuse Hotline (toll-free: 1-877-597- 2331). To report abuse to the diocese, current or past, by anyone acting in the name of the Church (paid or volunteer), call Louanne Payne, Pastoral Assistance Coordinator (English) on the confidential phone line: 270-852-8380, or Susan Montalvo-Gesser/Miguel Quintanilla, Pastoral Assistance Coordinators (Spanish): 270-880-8360. The Diocese of Owensboro's sexual abuse policy is available at this parish (in the bookshelf in back of the church), in the parish office and hall, and on the diocesan website (<https://owensborodiocese.org/safe>). To make a report of sexual abuse of a minor and related misconduct by bishops, go to ReportBishopAbuse.org or call 1-800-276-1562